

MEDICATION ADMINISTRATION REGULATIONS

In order to comply with the Maryland Board of Nursing and the Maryland State Department of Health and Mental Hygiene medication standards, Cambridge School must follow these guidelines:

1. All prescription and non-prescription (over-the-counter) medications to be given during school hours *must* be accompanied by a **written order signed by a physician/nurse practitioner**. Parental consent for administering the medication must also accompany the physician's order. Without this signed written order, no medications will be given to your child.
2. For any change in dosage amount or time of administration, a new written order must be submitted to the school.
3. All medications that can be given outside of the school day are encouraged to be given either before or after school.
4. Over-the-counter medications are discouraged from being given during the school day. If a need arises to administer either over-the-counter and/or non-prescription medication during the school day, **a written order signed by a physician/nurse practitioner must be submitted to the school.**
5. All school administered medications must be presented to the school office in the original container showing the prescription label, with the following information:
 - Name of student
 - Name of medication
 - Strength of medication/dosage
 - Directions for use/time of administration
 - Name of physician/nurse practitioner
 - Date of prescription
 - Expiration date as indicated by pharmacist
6. Inhalers or EpiPens must also be accompanied by a written order signed by a physician/nurse practitioner as well as accompanied by an Action Plan (see **Allergy Action Plan** (“**Management of Severe Allergic Reactions and Anaphylaxis**” & **Asthma Action Plan** forms). Students may not carry their inhalers with them during the school day, unless a written order for self administration from the physician as well as written permission from the parents has been approved by the delegating nurse and school office. Students are encouraged to check in with the staff supervising medication administration to communicate with them their relief or stability of symptoms after using medication.
7. Students are considered to be contagious for 24 hours after antibiotic therapy has been initiated (e.g. for strep throat) and are therefore encouraged to be *kept home until 24 hours* has passed since the first dose of antibiotic therapy. They must also be fever and symptom free before returning to school.
8. The school does not stock children's medications such as Children's Tylenol, Benadryl, Cough drops, etc. for student use.

Any of the forms mentioned above can be downloaded from the school's website or you may request hard copies from the front office. Thank you for assisting us in adhering to these regulations designed to ensure the health and safety of your children. If you have any questions, please contact Amy Reynolds or Heather Strube (410-486-3686, office@cambridgeschool.org).